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## Leadership Park City December 2015

Over 20 Years And Still Connecting  
LIVE PC.....LEAD PC



### What's Up With Pat Sanger (8)

**Pat Sanger (8)** is a Virginia girl. She was born in Charlottesville and although she'd lived other places in-between, 1987 found her living in Virginia Beach. Wading through some life changes and spending some thoughtful time walking the beaches...Pat began to visualize a couple of things.



First, she'd fallen in love with the mountains while living in California and felt compelled to live somewhere near them. Second, in her work with special needs children, she'd realized how often kids lacked ways of expressing themselves and she felt art could be a useful tool in giving them an emotional outlet and means of expression. She wanted to do something that incorporated both social skills and art. ***"I'm the type of person who doesn't want to regret NOT doing something I've always thought about doing....so I loaded up 3 cats and a 3-legged dog into my Ford Probe and headed to the mountains."***

Lucky for us, Park City would become Pat's home in the mountains and ARTS-KIDS, INC would become the organization matching needy kids with art.

### ARTS-KIDS Is Born



***"It was a joy for me to be in Park City at that point. It was a bit like going to college; lots of new faces, great energy, fun things to do like joining Park City Singers and starting up ARTS-KIDS. Of course, like in college days....we coped with being financially strapped."***

Pat is an advanced practice psychiatric mental health registered nurse specializing in children and adolescents. ***"When I used art in therapy groups the participants seemed to be able to express themselves more easily and honestly. When I got to Park City, I learned even more about the expressive arts."***

Pat worked at the counseling center in Park City but on her own time she developed the idea of what would become ARTS-KIDS She read a newspaper article featuring local artist, Judy Summer who owned ART WORKS at the time. ***"It was about expressive arts training and a grant she'd received. I contacted her to find out more about it and Judy ended up working as Art Director of ARTS-KIDS when it was founded in 1999. Her daughter moved out here and they were our first two artists in the program. We were working out of our homes back then and weren't getting paid for anything. We didn't get paid for the first 5 years."***

ARTS-KIDS became a youth development program which uses expressive arts and group dynamics to serve school age children and youth beginning at age 8. They reach out to those experiencing economic, social and emotional pressures. ***"Our focus is on the children, not necessarily the art,"*** explains Pat. ***"We are open to all kids but school counselors help recommend who would most benefit. The group is limited to 20 kids and runs during a semester. The ideal length is 10 weeks but during the recession we had to cut to 8 weeks and now we are down to 6 due to lower funding."***

### ARTS-KIDS Grows

By 2003, ARTS-KIDS and ARTS-TEENS had expanded to all 10 Summit County elementary and middle schools. By 2008, the model expanded to the Ute Indian Uintah and Ouray Reservations in northern Utah and by 2009 ARTS-KIDS developed a formal training program to teach people how to implement ARTS-KIDS in their own



community. Grants and private donations make it possible to offer the program free of charge to all participants.

To learn more about ARTS-KIDS check out their website <http://www.arts-kids.org>

Pat's family here in Park City is of the feline variety and her family away from Park City consists of three grown children; Stephanie of Sand Point, Idaho, Derek in Durham, North Carolina and Scott in Yorktown Heights, New York.

A member of Leadership class 8, Pat smiled (we were talking on the phone but I could tell she was smiling) as she recalled her leadership year. ***"At that time I saw it as the most wonderful experience and I still see it that way. It gave me the opportunity to know people I wouldn't have known otherwise. When we see each other we greet each other fondly. We did the water bottles for bikes project and during that process you really get to know people. I had a great class. Claudia McMullin and Mike Luers were in my group. I've enjoyed the Alumni Association bringing us together. I'm proud to have my plaque and hope Jenny Krompel, the new Executive Director of ARTS-KIDS will apply one day."***

Yes, ARTS-KIDS has a new director. This summer Pat stepped down from her position because since June she has experienced some overwhelming health issues which have limited her energy and mobility. Although she's been on daily dialysis she has continued her practice out of her home and stayed active in ARTS-KIDS as a consultant. ***"My congregation at St. Luke's has been so helpful, as have my friends, but my kids are worried about me being out alone and want me under one of their roofs before winter."***

For that reason, Pat has relocated to the home of son Scott in New York. It was difficult for Pat to talk about leaving. She has enjoyed Park City so much, especially during the summer time. ***"In the summer you're less bundled up, more free and there is so much to do. I love going to concerts and hiking. My favorite view is right out my window looking up at all three ski resorts and from another window I see Ecker Hill. When I first visited Park City, I looked up at that hill and said...I want to live here."***

Pat's congregation at St. Luke's had an open house farewell for her on Sunday, October 25, which Pat appreciated very much. ***"I've made some wonderful friends here and really cherish them. Leaving friends will be the hardest part of leaving Park City now."***

Corrine Humphrey, artist, author and former BOD member, appreciates Pat's accomplishments. ***"Pat Sanger has always been passionate about helping children. She worked tirelessly to provide a nurture their creativity and provide a fun, safe environment for them to express themselves and learn skills needed to deal with stressful environments through ARTS-KIDS programs in Summit and Wasatch county schools and in Salt Lake City. She will be sorely missed."***

Not only did Pat live here...but she left her mark here as well in the legacy of ARTS-KIDS. We thank her on behalf of all the lives she has touched and the children who now have the tools to live a more quality life.

Anyone who would like to wish Pat well or stay in touch...here is her email: [pdsanger@gmail.com](mailto:pdsanger@gmail.com) She would love hearing from you.

**We will miss you Pat, but remember you always....  
and thank you for leaving us with the legacy of ARTS-KIDS**

### Holiday Happy Hour

It's the 4th Annual Alumni Holiday Happy Hour sponsored by LPCA. Join us on Monday, **December 14, 6:00 pm** for fun, food and connecting. Guests are requested to BYOB and also an appetizer or dessert to share. Spouses are welcome.



### Live PC ..... Give PC

Leadership Park City thanks each and every one of you who donated to LIVE PC....GIVE PC last month and supported all of our

**THANK YOU!**

fantastic nonprofit organizations. A special thanks to those of you who donated to Leadership Park City!.

### Events Calendar

The event will be held at Myles and Joy's place. Please RSVP to [bbretz56@msn.com](mailto:bbretz56@msn.com) for address and directions. Carpooling is encouraged especially if weather is challenging.

LPCA will also be collecting donations for The Christian Center. Please bring nonperishable food, coats, diapers, toys, books, etc.

(This event is not to be confused with Class 22 Holiday party which is the week prior.)

## LPCA SKI DAY



### LPCA is sponsoring our 3rd Annual Ski Day!

**When:** Wednesday, January 13

**Where:** Deer Valley Resort

**What's the Deal: Unbelievable...\$25 lift tickets for current Leadership class and alumni.** RSVP to [bbretz56@msn.com](mailto:bbretz56@msn.com) by Tuesday, January 12 to reserve your lift pass. Plan to pay \$25 by check or cash. If you already have your DV pass, no need to RSVP. Just come and join in the fun.

#### What's Going On:

- **8:30 to 10 am-** Barb Bretz (435 714-1233) POC will be at **ETC Coffee Shop at Snow Park Lodge** so you can pick up lift pass (\$25 check or cash). Ski on your own or depart with the group at 10 am.
- **Noon to 1 pm- Empire Lodge-** Meet up point. Time for a break or lunch.

Be there or be square!

*"The task of leadership is not to put greatness into people, but to elicit it, for the greatness is there already."*

John Buchan

## Alumni News

Congrats to Becca Gerber (20) and Nann Worel (15) on being elected to the City Council.



Mon	Tue	Wed	Thr	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**Monday, December 14; 6-9 pm-** Holiday Happy Hour. (Not to be confused with current class 22 party which is the week prior)

**Tuesday, January 12-** RSVP for LPCA SKI DAY to [bbretz56@msn.com](mailto:bbretz56@msn.com)

**Wednesday, January 13;** LPCA SKI DAY at DEER VALEY.

**Monday, March 14-**Annual Community Leadership Lecture. Speaker and time to be announced.

## Like Us

We can work for you!

Let the FB page help you promote what you are doing.



**PLEASE** feel free to post on this page.

Whether you have a business venture, non profit or just a piece of interest, Leadership Alumni is here to help you keep networking.

Look for the group **Leadership Park City Alumni** on Facebook...like us and join us.

## JOIN LPCA

**Use your credit card to join LPCA!** \$25 annual membership runs from October 1 through September 30. Join by emailing us at [leadershipalumnipc@gmail.com](mailto:leadershipalumnipc@gmail.com)

**\*SUPPORT** the Leadership Park City Program.

**\*PROVIDE** on-going education for graduates.

**\*PROVIDE** on-going networking opportunities.

**\*UNDERTAKE** activities benefiting our community.

## Alumni Checking In

Are you a Leadership Alum who has left the Park City area? Please shoot me an email to "check in". Let us know where you are and what you are up to.



**HELLO OUT THERE! If you haven't yet checked in.....please do! Looking forward to hearing from you.**

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