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Leadership Park City January 2014



20 Years of Leadership and Still Connecting

LIVE PC...LEAD PC

What's Up With Tim Preston (15)



Originally a native of Waterville Valley, New Hampshire, Tim moved to Park City full time in 2004 to train at the Utah Olympic Sports Park in the moguls event. ***"The best moment in my athletic career was qualifying for the US Ski Team in December of 2003. The event was held right here at PCMR, and I was able to check a life-long goal off the list!"***

Learning To FLY

Tim continued to compete in his sport for five years before stepping into the position of head coach of the aerial skiing Olympic development program FLY—Freestyle Lives Year Round. ***"It's not about who wins the game, but what you can do with the experience,"*** reflects Tim. ***"The best part of my athletic career has proved to be applying similar principles to helping my community, coaching kids in sports, and making a difference in the action sports industry."***



And make a difference he did! Tim was encouraged to apply for Leadership Class XV by his mentor, **Robbie Beck (2)**. ***"I was working at the Utah Olympic Park at the time as a Freestyle coach. I was stoked to be accepted, and really made the most of the experience! I credit Leadership for pulling me out of my niche group of friends, and into the broader community.*** Tim wasn't quite the youngest member of his leadership class but his youthful energy and passion developed and drove the idea which became the annual project for the class.

Ahead Of The Curve

Tim advocated his class take up the cause of helmet safety and concussion awareness long before it was the trending topic in the world of sports and thus was born The Grateful Head Project. ***"My bro had a severe head injury as a freestyle skier when we were teenagers. He was required to wear a helmet as a result, before helmets were ever mandatory in competition. I wore one as well to show my support, but also adopted a lasting interest in the nature of head injuries."***

"I'm now involved with a helmet technology startup company called Hip-Tec. Hip-Tec has designed an interior foam helmet lining that is performing far better than MIPS, POC, or any other helmet technology on the market. Although The Grateful Head project was highly successful, and helped the Park City High-School adopt a concussion baseline test for all sports, it was ultimately a bit too early for mainstream support. But now projects like Hip-Tec are catching the wave at just the right time. If anyone is interested in hearing more about Hip-Tec, or getting involved, please let me know! Checkout <http://hip-tec.com/>"

Settling Down And Staying On

A Parkite for a decade now, Tim has no plans to leave. ***"I love how progressive this town is. Park city is on the cutting edge of being a healthy millennial community. For example, Solar panels on the city buildings, free public transportation, a state of the art skate park, etc. It's just a truly***

forward thinking town with a youthful spirit. It's the type of place that suits my beliefs, and I'm proud to be a part of it!"

He now lives on Iron Horse Drive and works in Propector. **"I love my happenin' Bonanza Park neighborhood! Riffs, The Bakery, Sammy's Pub, Fairweather, etc. It's always a party on this side of town!"**

In the five years since his leadership experience, Tim's life has had other big changes. On August 2011 he and Denita were married back in New Hampshire. She now works as a manager at Zane Benefits on Main Street and he at the investment advisory firm of Cadinha & Co., LLC located in Propector. **"I will soon be finishing up my MBA at the University of Utah, with an emphasis on Entrepreneurship. We have taken three trips to Australia in the last few years to visit Denita's family. On our most recent visit we made a side trip to Tasmania. It's an incredible place to visit. Wine Glass Bay was the highlight!"**



The Leadership Park City program and especially class 15 is fortunate to have Tim as a member and likewise, Tim is thankful for the experience. **"I moved to Park City primarily to train and compete, however, once my athletic career came to an end, I found plenty to be inspired by in this great community. Being a part of Leadership Park City really helped me find a new direction and inspiration once my dreams came to an end."**

Thanks for all you did to lead The Grateful Heads through their project.
Best of luck with all your undertakings, Tim.

Happy New Year, Alum!



We had a great turnout for our second annual LPCA Holiday Mixer!

Thank you to our generous hosts, Myles and Joy Rademan for opening their lovely home to us. We regret having to turn folks away so we are seeking a

larger venue for next year. Please let us know if you have suggestions for economical spaces where we might gather.

Our newest board member, Jenny Diersen (19), had a great idea that next year we add a service element to our mixer...making a donation of some sort to a selected nonprofit.

It is time to join or rejoin LPCA! Please utilize our paypal account at leadershipalumnipc@gmail.com or send your \$25 check to LPCA, PO Box 680035/PC, UT 84068-0035.

How are the funds used? We host parties and gatherings which provide networking opportunities so our illustrious group can stay connected. Eventually, we hope to offer financial support to the Leadership Program and/or sponsor speaker events that will enhance our leadership skills.

Happy New Year and hope to see you January 15th at PCMR or another one of our events in 2014!

Sara Werbelow (14)
President, LPCA

LPCA Ski Day

20th Anniversary for Leadership Park City & 50th Anniversary for PCMR! It's time to celebrate. Join LPCA for our first annual "SKI DAY".



- **When:** Wednesday, January 15
- **Where:** Park City Mountain Resort
- **What's the Deal:** \$40 lift passes for alumni who RSVP by January 14 to Jeffrieh15@aol.com or (C) 435-901-0739
- **What's Going On:**

9-10:30 am- meeting and ticket pick-up inside Kristi's. You can pay your \$40 via our Paypal account: leadershipalumnipc@gmail.com or bring cash or check.

11:30 am- break; chance to meet up at Mid Mountain

2-4 pm- Apres' Ski at The Corner Store

If you already have your pass, please join in the fun and meet up with the group to celebrate the day. Friends and family members are welcome to join but the \$40 lift passes are for alumni only.

Events Calendar

Tuesday, January 14- Last day to RSVP for LPCA Ski Day jeffrieh15@aol.com

Wednesday, January 15;
LPCA SKI DAY;
9-10:30am...pick up tickets inside Kristi's at PCMR.



Alumni Mix Up Holiday Cheer

A gorgeous full moon lit the way to and from our second annual LPCA Holiday Mixer on Monday,

20 Years Of Leadership



CLASS XV 2008-09

Alex Butwinski, Alma Armendariz Jauregui, Barbara Bretz, Blanca Gohary, Brett Peretti, Carissa Dahl, Carol Librizzi, Claire Marlin, Colleen Burke, Crystal Orgill, Derik Loyola, Glenn Wright, Insa Riepen, Jane Patten, John Stafsholt, Katie Wright, Maria McGuinness, Mick Savage, Monika Guendner, Nann Worel, Patricia Stokes, Sandy Geldhof, Sarah Crook, Stewart Gross, Terry Kutzbach, Timothy Preston, Whitney Lewis, Whitney Olch, Zianibeth Shattuck-Owen.

Class XV...The Grateful Heads

Written by: Barb Bretz

Our City Tour: We visited Crested Butte, CO

The first evening we visited the Center of the Arts and had dinner and a presentation by Senator Tim Wirth "Solving the Climate Change Problem".

Thursday we traveled to the Rocky Mountain Biological Laboratory for a lecture and walking tour with Director, Ian Billick. After lunch we returned to the Center of the Arts for the Gunnison County presentation with Jim Starr, County Commissioner and other invited dignitaries. Then on to a wine and cheese reception at the McCay residence and dinner at Garlic Mike's along with Ken Coleman, Gunnison City Manager and other invited guests.

We divided into two groups and while one group listened to a presentation by George Sibley, the other traveled to the observatory for a demonstration.

On Friday we had morning meetings with Crested Butte and Mt. Crested Butte officials discussing some controversial land development issues. After lunch we broke into small groups and participated in a variety of local tours;

- * CB National Historic District
- * Peanut Mine Reclamation
- * Mt. Crested Butte Redevelopment
- * Land Trust

We were guests at a reception held at the museum and then accompanied locals to various restaurants around the city.

Saturday we attended a morning lecture on Island Civilization presented by Professor Emeritus Rod Nash and spent the afternoon participating in local recreational activities.

Dinner was a BBQ at the park.

On Sunday, prior to departure everyone attended a debriefing activity to review, discuss and reflect on the week's events and topics.

Our Project: Our goal was to educate the community concerning concussion awareness and promote helmet usage for sports activities.



December 16. So many classes were represented at this "sold out" event. Class 15 took honors with 8 members in attendance. We thank Myles and Joy for hosting us.



What a great way to see old friends, catch up with former classmates and meet a wide range of alumni! LPCA board was excited to have a capacity crowd but hopes to find a larger venue for next year's event. Any of you who are "connected" to a venue that might work.....please contact us. Suggestions are welcome!

**HAPPY NEW YEAR
FROM THE LPCA BOARD
TO YOU!**

Alumni News

We welcome back to Park City, award-winning singer, songwriter and performer **Rich Wyman (1)** who has been in town for several holiday concerts.



Congrats to **Melissa Band (18)** recently appointed to the Blue Ribbon Commission researching Mayor and City Council compensation.



Farewell to Mayor **Dana Williams (2)** who is stepping down after three terms at the helm. Thanks for your service and being a great representative of Park City.

A big Thank You to **Alex Butwinski (15)** for serving on City Council. Thanks for your service!



Tim Preston suggested the project and campaigned passionately for us to accept it. Under Tim's guidance, we formed committees and sprang into action. We appeared in both the 4th

of July and Miners' Day parades decked out in our blue tie-dye tee shirts and a variety of sports helmets. Our banner, carried by a helmeted equestrian and a helmeted miner, announced "**125 YEARS OF HELMET SAFETY**"

We held bicycle safety workshops and handed out free bike helmets, worked with local merchants to develop programs for helmet swaps and attended Wednesday Deer Valley concerts in August to sell tee shirts, hand out bi-lingual pamphlets and have folks sign our petition.

Our research team met with local school administrators to educate them on the importance of concussion awareness and urge them to adopt methods of establishing baseline testing for athletes. We also met with resort officials suggesting they consider requiring or at least emphasizing, helmet use for on-snow employees.

We developed a website: thegratefulhead.webs.com and hoped we made a difference.

Then...What we did during our year: We came together in October as a roomful of basic strangers and parted a year later as a cohesive group of partners and friends. Every class session we attended brought us closer together and deepened our understanding and appreciation of our similar passions and varied qualities. Whether we were coaching each other through the ropes course or competing against each other in a creative venture, discussing controversial local issues or empathizing with someone's deeply personal issue...we were a unit of energetic, enthusiastic and caring classmates.

Now...What we are doing now: We are proud of our Class 15 members who are continuing to serve the community in a variety of ways. Alex Butwinski served on City Council, Mick Savage, Nann Worel and Stew Gross are on the Planning Commission. Nann has continued to serve as director of development for The People's Health Clinic, Insa Riepen as Director of Recycle Utah, Park City, Jane Patton as Director of the Peace House, Katie Wright on the board of Park City Foundation, and Barb Bretz on the board of the Leadership Park City Alumni Association....to name a few. The relationships formed during our Leadership year have developed into a solid networking infrastructure which has allowed us to support

Congratulations to **Steve Joyce (18)** who was recently appointed to the Park City Planning Commission.

Join LPCA

*We support the Leadership Park City Program

*We provide on-going education for program graduates

*We provide on-going networking opportunities

*We undertake activities benefiting our community

\$25 annual membership runs from October 1 through September 30. Find out how to join by emailing Barb Bretz at bbretz56@msn.com

Join Us On Facebook

Let the FB page work for you and help you promote what you are doing.

PLEASE feel free to post on this page. Whether you have a business venture, non profit or just a piece of interest, Leadership Alumni

is here to help you keep networking. Look for the group **Leadership Park City Alumni** on Facebook...like us and join us. This would be a great way to disseminate personal news and information about nonprofits in which you are involved.



each others' organizations and causes. All over our community, The Grateful Heads continue to make a difference.

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