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## Leadership Park City June 2015

*Over Twenty Years & Still Connecting  
Live PC....Lead PC*



### What's Up With.....Blanca Gohary (15)

Originally born in Tlaquepaque, Guadalajara in Mexico, Blanca moved to the United States when she was 3 years old and grew up in San Francisco. That's where she spent her formative years until she moved to UC Santa Barbara for college. She later returned to San Francisco and lived there until it was time to think about raising her family.

*"I had just had my first baby, Paloma, and did not want to have a latch-key child. I wanted to raise my own children so that meant a reduction in household income with a single salary. We were renters at the time, in a tiny 500 square foot studio. As expensive as San Francisco was, and still is, there was no hope to ever purchase a home. The opportunity to move to Park City presented itself and it seemed like a good move. This was the "pre-Olympic era" and Utah was still not on the map so Park City was very affordable, especially after living in San Francisco."*



### Good Karma



The Gohary's moved to Park City on the actual eve of the new Millennium, December 31, 1999. "I was not sure if the world would end or if I would have access to electricity the next day. It all worked out. I am glad I made the move. I love Park City and it is the place I now proudly call home."

A lot has happened in the past 16 years....much of it 'Good Karma!' Currently, Blanca is a single-mother to daughter Paloma, now 16 years old and Dalia, 13. ***"Dalia was a firecracker baby, born 12 weeks early on the 4th of July (07/04/01) If that isn't showing patriotism, I don't know what is!"***

In addition to her two beautiful daughters, she is co-owner of the popular local restaurant GOOD KARMA, located at 1782 Prospector, open since November 2006. ***"We will be celebrating our 10 year anniversary in about 6 months. That is monumental for any business. I have a business partner and he is the creative force behind many of our recipes. We are known for our curries and kebabs and utilizing local ingredients whenever possible. We have established ourselves as a leader and trendsetter in the vegan, gluten-free and healthy options realm."***

Good Karma has become part of the fabric of this community. ***"Many locals who do not necessarily care for ethnic or spicy food, have discovered us for their breakfast needs. We have a killer breakfast menu and I dare say, have the best breakfast food anywhere in Park City. You can have our All-American breakfast with pancakes, French toast, breakfast potatoes and bacon or go for the ethnic flair of a Bollywood breakfast burrito or huevos rancheros. Our breakfast menu is fun, extensive and just darn good. Am I making you hungry yet?"*** <http://www.goodkarmarestaurants.com>

In addition to Good Karma Restaurant, Blanca has also founded an artisan food line called INSTANT KARMA, which reflects the same passion and integrity in its products as well. <http://www.InstantKarmaFoods.com>

### Real Karma

Blanca loves many things about her businesses but first, and foremost, are the great people she has had the good fortune to meet. ***"I have met some very neat and colorful people. My employees and some of my***



*customers are my extended family. I also appreciate the camaraderie among other small business peers with whom I've fostered friendships."*

She appreciates the support and mentoring the local small businesses provide each other. *"I think that is the real Karma. Life is an echo and what you send out to the universe is what you get back. It may not be in the form you expect to receive it, but that positive energy and love always finds its way back if you give it and share it freely with others."*

Entrepreneurship has taught Blanca that the business she is in is not ALL about the food, but also the business of personal relationships. *"I love meeting new people like those I meet at the Farmers' Market shopping for my Instant Karma products. I introduce them to the restaurant and they become regulars who give me hugs when they see me. I feel the love and support. You can't beat that!"*

### **Genuine, Authentic & Willingness To Share**

A member of Class 15, Blanca learned that sometimes you can be surprised by the people you meet. Her classmates turned out to be nothing like her preconceived ideas. *"I loved my fellow classmates. That was a real growth experience for me. Some of the best friendships from my Leadership Class XV (The Grateful heads) were people with whom I initially thought I would have nothing in common. They turned out to be the most amazing people and I can proudly say we are still friends."*



Genuine, authentic and willingness to share are three traits Blanca values and appreciates in the people in her life. *"I surround myself with people who are GENUINE. I have a very solid circle of friends that reflect authenticity and willingness to share of themselves. They are the family I get to choose."*

A perfect weekend for Blanca would involve exercise. *"I love the mountain trail running. That's my strongest recreational passion. I also mountain bike, Nordic and Alpine ski and hit the gym. I love being out on Park City's many trails and being surrounded by nature. It is awe-inspiring and a spiritual experience."*

Weekends would also include sharing special moments with her family and friends. *"I have teenage daughters so I embrace every minute they are willing to spend with me. If anyone else out there has teenagers, you know the times they want to spend with you are few and far between. Their friends are just more cool so they'd rather hang with them."*

In the future, Blanca would love to travel. *"I hope to become more of a world traveler when the opportunity presents itself. I also would like to start writing again. I wrote when I was in college and then stopped. Last year, I was published in the Huffington Post [http://www.huffingtonpost.com/love-letters/love-letters-park-city\\_b\\_4724957.html?utm\\_hp\\_ref=travel-love-letters](http://www.huffingtonpost.com/love-letters/love-letters-park-city_b_4724957.html?utm_hp_ref=travel-love-letters) and some of my friend encouraged me to start writing again. I just might take their advice....."*

**Here's wishing continued GOOD KARMA to Blanca Gohary in every aspect of her life!**

### **Alumni Checking In**

Are you a Leadership Alum who has left the Park City area? Please shoot me an email to "check in". Let us know where you are and what you are up to.



### **Events Calendar**

**June:** Applications for Leadership class 22 will be available on line by the end of the month.

**Friday, June 26-** Last day to RSVP for Saturday's Voyeur; [bbretz56@msn.com](mailto:bbretz56@msn.com)

**Monday, July 13; 5:30 pm -** Alumni Picnic at Rotary Park.

**Thursday, July 30- Saturday's Voyeur**  
6:15-7:30-Happy Hour

**Russell Britton (14)** served Shepherd of the Mountains Lutheran Church from 2005-2011. He departed fall of 2011 to complete his Masters of Divinity at Luther Seminary in St. Paul. At the culmination of his studies in 2014, his family (wife Sarah and son Christopher age 6) was delighted when Russ was called to serve on the pastoral staff of Bethany Lutheran Church in Cherry Hills Village, CO. His congregation is part of the same synod (geographical district of churches) as Utah so Russ has been back twice this past year for conferences in Salt Lake City and made time to return to Park City. ***"I am so grateful for the connections and memories made through participation in Leadership Park City and continue to wish the program and its participants the very best."***

### Alumni News

Congrats to **Tim Preston (15)** and wife Denita on the birth of daughter, Naya Reyes on April 20.



***If your actions inspire others to dream more, learn more and become more..... you are a leader.***

**John Quincy Adams**

### Know Someone With Leadership Skills?



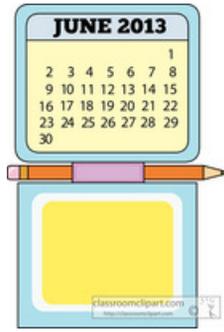
Applications for Leadership Park City Class 22 will be available online the end of June and will be accepted through Friday, August 21 at 5 pm. Now is the time to mention the program to a family member, friend, colleague or acquaintance.

### Selection Committee for Leadership Class 22

Any one wishing to be considered for the Leadership Park City Selection Committee for Class 22 should

7:30- Show time

**August 1-** Last day to contact



karen.anderson@parkcity.org to apply for Selection Committee.

**Friday, August 21 5pm-** Due date for Class 22 Applications.

**September 9-13-** City Tour. Those interested in attending can contact Karen Anderson to get on the waiting list; Karen.anderson@parkcity.org

**Wednesday, September 16; 4-6 pm-** Selection Committee meets

**Friday, September 25; 4-5:30 pm-** Kellogg Fellows Round Table at Treasure Mountain Inn.

### Kellogg Fellows Invite Alumni

Park City is hosting the 30th reunion of the Kellogg Leadership Fellowship Class 6.

At least 20 distinguished educators, scientists and non-profit leaders will be attending.



These fine folks are all approaching the third phase of their lives and each has accomplished many wonderful leadership goals during their careers.

They have agreed to host a round-table discussion for Leadership Park City alumni on **Friday, September 25 from 4 to 5:30 pm at Treasure Mountain Inn** to discuss their lives and thoughts and what leadership challenges they look forward to as they enter their "golden years".

This is a wonderful opportunity open to all alumni and significant others. More details will follow in a future newsletter.

### Plug It

Leadership Alumni are active in a variety of community nonprofits. Get a plug in for upcoming events, to recruit volunteers or members. LPC Newsletter is published the fifth of each month so get your plug to me prior to that date.



contact Karen Anderson  
at



karen.anderson@parkcity.org by August 1 to apply.  
We'll need 25 people to sit on the committee.

The selection committee has the gratifying yet daunting task of reading and scoring all the applications. Applications are due by Friday, August 21 and electronic copies will be sent to the committee members by Wednesday, August 26. Scoring results must be returned to Karen by Monday, September 14 which allows 2 and a half weeks for reading and scoring.

**The committee will meet on Wednesday, September 16, from 4-6 pm, in the newly renovated Park City library to select Class 22.**

**Please, only apply if you are fully committed to reading and scoring all the applications** which can take 8-10 hours or more and then attending the Selection Committee meeting on September 16 to personally help select the new Leadership class.

Last year we had 110 applications but it has varied from 75 to 120.

Leadership deeply appreciates those who serve on this committee. It is a very interesting, gratifying, time-consuming and important process.

**Myles**

## Book Brigade Needed



On Saturday, June 13 there will be a reenactment of the 1987 Book Brigade to move books from Miners Hospital back to the newly renovated library. 500 volunteers are needed. In order to volunteer.....click on the link below.

**Here's how to sign-up in 5 easy steps:**

1. **Click this link** to go to our invitation page on VolunteerSpot: <http://vols.pt/1SKtVE>
2. **Enter your email address:** (You will NOT need to register an account on VolunteerSpot)
3. Indicate **how many** from your household will participate.
4. **Indicate** if you participated in the 1982 brigade.
5. Click on **Sign up!** VolunteerSpot will send you an automated confirmation and reminders. Easy!

## Face to Face

Let the FB page help you promote what you are doing.



**PLEASE** feel free to post on this page.

Whether you have a business venture, non profit or just a piece of interest, Leadership Alumni is here to help you keep networking.

Look for the group **Leadership Park City Alumni** on Facebook...like us and join us.

## JOIN LPCA

**Use your credit card to join LPCA!** \$25 annual membership runs from October 1 through September 30. Find out how to join by emailing Barb Bretz at: [bbretz56@msn.com](mailto:bbretz56@msn.com)

**\*SUPPORT** the Leadership Park City Program.

**\*PROVIDE** on-going education for graduates.

**\*PROVIDE** on-going networking opportunities.

**\*UNDERTAKE** activities benefiting our community.

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